

INFOPACK

Gozo, Malta

10th & 12th November

9th & 13th November are travel days

ECHOSPACES WORKSHOP CYCLE I – INCLUSION LAB

Proposal number: 101313904



**Co-funded by
the European Union**

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor the granting authority can be held responsible for them.

The Hosts

MV International

MV International (MVI) is a non-profit "association of organizations" established in 2012 that functions as a global network for social innovation and project development. By bringing together a consortium of over 40 member organizations, including NGOs, public bodies, and private stakeholders, it acts as a collaborative hub for managing international initiatives and facilitating knowledge exchange among professionals working in the NGO sector.

The organization specializes in supporting project design and implementation within major funding frameworks such as Erasmus+, Horizon Europe, COSME, and JUSTICE. They provide structural support for participatory planning, thematic research, and proposal development, helping entities align their work with European Union priorities and United Nations Sustainable Development Goals. Their platform is designed to connect partners and streamline the complexities of international grant procurement.

MVI's core mission focuses on cultivating inclusive, sustainable, and reflective societies through non-formal education, social entrepreneurship, and education through sport. Their diverse activities include thematic studies, regional surveys, and networking events aimed at fostering youth mobility, social inclusion, and gender equality.



The Hosts

Social Innovation and Cohesion Institute

The Social Innovation and Cohesion Institute is working to bring about social change for the benefit of citizens in the context of development of local, regional and European society. It focuses on the promotion of equal learning opportunities, in promoting human rights, cultivating the spirit of entrepreneurship and the development of people's abilities, promotes intercultural dialogue, knowledge exchange and European awareness with the active participation of young people and adults in projects relating to mobility, entrepreneurship education, professional and personal development. It is linked closely with various public and private bodies in national and international level, including NGOs, schools, universities, VET providers, municipalities, etc.

The Social Innovation and Cohesion Institute (Fifty-Fifty) is an organization of civil society, established to help individuals, communities and institutions to develop their skills, improve their performance and share knowledge to be able to meet the challenges of society and thus contribute actively to the development of a European area of skills and qualifications.

Find us on:

Facebook: Social Innovation & Cohesion Institute – Fifty Fifty

Instagram: fiftyfifty_gr



fifty-fifty

Social Innovation
& Cohesion Institute



About the Project

The project is funded under the Civil Society Cooperation in the field of Youth. Its primary goal is to deepen structured youth participation in democratic life, raise awareness of the EU Youth Strategy and European Youth Goals, and strengthen the EU Youth Dialogue. The initiative directly embeds the European Commission's core priorities of inclusion and diversity, digital transformation, environmental sustainability, and participation in democratic life. By offering dedicated youth spaces and direct engagement mechanisms, the project aims to address the democratic deficit and build young people's confidence in the EU project.

The project focuses on designing and delivering youth-centered activities across Europe, executed collaboratively by more than 30 organizations within the MVI network. The project establishes a comprehensive, forward-looking framework that bridges local youth initiatives with overarching European policy objectives.

The initiative ensures both immediate community impact and long-term organizational sustainability. Ultimately, it empowers diverse young people across Europe to become active drivers of democratic life, sustainability, and digital transformation, while solidifying the role of civil society in shaping the future of European youth policy.



About the EchoSpaces Workshop Cycle I – Inclusion Lab

EchoSpaces Workshop Cycle I – Inclusion Lab will bring together 25 young people, youth workers, and representatives of civil society organisations in Valletta, Malta, for a collaborative learning experience focused on social inclusion, intercultural dialogue, and youth empowerment through non-formal education. The workshop will provide a safe and supportive environment where participants can exchange experiences, strengthen their intercultural competences, and explore innovative approaches to building more inclusive communities.

Through interactive workshops, participatory discussions, creative activities, and non-formal learning methods, participants will explore the challenges faced by young people with fewer opportunities, including NEETs, migrants, and young people with disabilities. Particular attention will be given to inclusion, equal participation, diversity, intercultural understanding, and active citizenship as essential elements for strengthening social cohesion.

A central objective of the workshop is to encourage participants to move beyond discussion and collaboratively develop practical ideas that promote inclusion within their local communities and youth organisations. By exchanging experiences and good practices, participants will co-create community-based initiatives that foster participation, accessibility, intercultural dialogue, and equal opportunities for all young people.

By bringing together participants from different countries and cultural backgrounds, the workshop will encourage the exchange of experiences, perspectives, and inclusive practices. The knowledge and skills gained during the Inclusion Lab will support participants in creating more inclusive environments within their organisations and local communities, while contributing to the continued development of the EchoSpaces approach across the MVI network.

SESSIONS DAY 1

10:00 - 10:30

Registrations & Welcome

10:30 - 11:00

Opening Session & Icebreaking Activities

11:00 - 12:00

Thematic Session 1: Building Inclusive Communities through Non-Formal Education

- Understanding inclusion and diversity in youth work.
- Exploring barriers faced by young people with fewer opportunities.
- Creating safe and inclusive spaces for participation.

12:00 - 12:30

Coffee Break

12:30 - 13:30

Thematic Session 2: World Café – Inclusion in Practice

Interactive discussions on intercultural dialogue, equal opportunities, accessibility, active participation and community inclusion.

13:30 - 15:30

Lunch Break

15:30 - 16:00

Inclusion Lab Working Groups

Participants work in small international groups to exchange experiences, identify inclusion challenges and co-design practical ideas to foster participation and social inclusion within their communities.

20:00

Dinner

SESSIONS DAY 2

10:00 - 10:30

Team Building Activities & Energizers

10:30-12:00

Thematic Session 3: Barriers to Youth Participation

- Identifying barriers faced by NEETs, migrants and young people with disabilities
- Exploring accessibility and equal participation
- Understanding the role of youth organisations in supporting young people with fewer opportunities

12:00-12:30

Coffee Break

12:30-13:30

Inclusion Lab Working Groups

Participants work in international groups to exchange good practices, analyse inclusion challenges and develop practical responses for youth organisations and local communities.

13:30 - 15:00

Lunch Break

15:00-16:00

Presentation of Inclusion Action Plans & Good Practices

Participants present their ideas, exchange feedback and identify practical approaches that can strengthen inclusion and participation in youth organisations and local communities.

20:00

Dinner

SESSIONS DAY 3

10:00 - 10:30

Energiser, Recap & Creative Warm-Up

10:30-12:00

Thematic Session 4: Building Inclusive Youth Spaces

Participants explore how youth organisations can create safe, accessible and participatory environments for young people with fewer opportunities.

12:00-12:30

Coffee Break

12:30-13:30

Co-Creation Lab: Designing Inclusive Community Actions

Participants transform the ideas developed on Days 1 & 2 into practical initiatives promoting inclusion, intercultural dialogue and equal participation for young people with fewer opportunities.

13:30 - 15:00

Lunch Break

15:00-16:00

Closing Ceremony

- Presentation of the final Inclusion Action Plans
- Participants' reflections and next steps
- Workshop evaluation
- Group Photo

20:00

Dinner

Venue

The event will take place in Għarb, one of Gozo's most picturesque and traditional villages. EchoSpaces Workshop Cycle I - Inclusion Lab will be hosted at the Il-Kunvent Hall, a welcoming and fully equipped venue located in the heart of Għarb Square. The workshop sessions will take place in a comfortable and collaborative environment, providing the necessary facilities for interactive learning, group work, and meaningful intercultural exchange.



Il-Kunvent Hall, Gozo Malta



Accommodation & Meals

Participants will be accommodated at the **Villagg tal-Fanal** a modern accommodation and conference centre located in a peaceful area on the island of Gozo, offering a relaxing environment while remaining within easy reach of the island's main attractions. The venue provides comfortable, fully equipped accommodation, free Wi-Fi, on-site dining facilities, and modern meeting spaces, creating an ideal setting for learning, networking, and intercultural exchange. Participants will be accommodated in double or triple rooms, respecting gender balance. *(Depending on room availability, participants from different countries may be required to share a room.)*

For participants of our mobility, we will provide all main meals, breakfast, lunch and dinner throughout the stay (on project days).



Ic-Centru Bar and Restaurant

Explore Gozo

Gozo, Malta's charming sister island, is a place where history, nature, and Mediterranean culture come together. Known for its peaceful atmosphere, stunning coastal scenery, and traditional villages, the island offers a unique escape from the fast pace of everyday life. Its warm hospitality and rich heritage make Gozo an ideal destination to discover and experience.

During your stay, take the opportunity to discover some of Gozo's most iconic attractions, including the Citadel in Victoria, the Basilica of Ta' Pinu, the breathtaking Dwejra Bay, and the golden sands of Ramla Bay. The island is also renowned for its crystal-clear waters, scenic coastal trails, traditional Gozitan cuisine, and rich cultural heritage. Whether exploring its historic landmarks, enjoying spectacular sea views, or strolling through its charming villages, Gozo offers an unforgettable experience that perfectly complements the collaborative and intercultural spirit of the EchoSpaces – Workshop Cycle I: Inclusion Lab.



Participants' Profile

Participants for the activity must have the following:

- Participants from 5 different countries
- Age range: 18 - 30 (or 30+ for youth leaders)
- Youth interested in civic engagement and policymaking, young leaders and activists, youth workers and professionals in the field, public officials and policymakers for multi-level dialogue
- Equal gender representation for balanced perspectives, inclusive of all races, ethnicities, religions, and political affiliations fostering cross-cultural communication and collaboration
- Willing to share their knowledge, skills and experience with the other participants and act as multipliers in their communities.

The selection criteria of the participants will be:

- Participants from different cultural and social backgrounds, individuals with fewer opportunities (economic, social, or geographical challenges) and commitment to inclusivity and respect for diverse perspectives.
- In equally good evaluated applications, then the previous experience in such kind of projects will be considered – the participants who have never participated to an Erasmus project will have priority to the ones that have already been to be introduced to the European values and develop a sense of European citizenship and identity and also have the opportunity to raise their awareness of other countries and cultures.

Preparation of Participants

- The activity will be in **English**. Therefore, participants should be able to communicate in English.
- All participants are expected to participate **fully throughout the activity**, except in the case of illness. Unauthorised absence from activities is not permitted. The activities will be designed and conducted in such a way that all participants have the opportunity to contribute their points of view. We expect you to participate and contribute.
- Before your travel, participants should check the documents they need to cross the border into Malta and whether they have them.
Pay attention to the expiry date!
- Participants are encouraged to **promote the project**, share the results achieved and carry out **dissemination activities**.

THE EUROPEAN HEALTH INSURANCE CARD The European Health Insurance Card is a free card that gives you access to state- provided healthcare during a temporary stay in any of the 27 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.

The European Health Insurance Card is issued by your national health insurance provider. You can find more information here: <http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>



Travel & Reimbursement

Participants are responsible for booking and purchasing their own round-trip travel tickets to Malta. Travel expenses will be reimbursed up to a maximum budget of **309 EUR** per participant upon successful completion of the activity and submission of all original travel documents.

Travel tickets should be economy class and before buying tickets inform your sending organisation of your travel itinerary, when you will arrive and when you will departure from training. **1st class or other upper class flight tickets, taxi costs and travel agencies fees are not eligible and will not be refunded.**

*Participants can arrive 1 day earlier and/or depart 1 day later than the designated dates, but cover their own accomodation expenses for the extra days

Reimbursement Guidelines:

- **Keep All Documents:** You must keep all original receipts, invoices, e-tickets, and boarding passes (both physical and digital). Reimbursements cannot be processed without valid proof of travel and payment.
- **Eligible Dates:** Please do not purchase any tickets until your travel plan has been confirmed by the organizing team.
- **Process:** The reimbursement will be conducted after the event, once all travel documents are received and checked.



Travel

AIRPORT: MALTA INTERNATIONAL AIRPORT (MLA)

To reach the accommodation from Malta International Airport, travel to Valletta Ferry Terminal by public bus or taxi (approximately 20–30 minutes). From there, take the Gozo Highspeed Ferry to Mgarr Harbour, Gozo (approximately 45 minutes). Upon arrival, take a public bus to Victoria (Rabat) and transfer to a local bus towards Għasri. Villagg tal-Fanal is within a short walking distance from the nearest bus stop.

FERRY TERMINAL: VALLETTA

After arriving in Valletta, you can take the Gozo Highspeed Ferry directly to Mgarr Harbour, Gozo. From the harbour, public buses provide regular connections to Victoria, where passengers can transfer with a local bus towards Għasri and Villagg tal-Fanal.



PUBLIC TRANSPORT: Malta and Gozo are served by an extensive public bus network operated by Malta Public Transport. Regular bus services connect the airport, ferry terminals, towns, and villages across both islands. Journey planning is available through the Tallinja mobile app and the Malta Public Transport website.



FERRY

Regular Gozo Highspeed Ferry services operate between Valletta and Mgarr Harbour, Gozo, while the Gozo Channel Ferry connects Ċirkewwa with Gozo throughout the day.



Contact Info

Katerina Solomonidou
katerina@fifty-fifty.gr

Marina Lytra
marina@fifty-fifty.gr

MV International
secretary@mvinternational.info

INFOPACK

Gozo, Malta

10th & 12th November

9th & 13th November are travel days

ECHOSPACES WORKSHOP CYCLE I – INCLUSION LAB

Proposal number: 101313904



**Co-funded by
the European Union**

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor the granting authority can be held responsible for them.